

# FLINT HILL ELEMENTARY SCHOOL AFTER SCHOOL ENRICHMENT PROGRAM

## FALL 2018

This catalog provides the schedule and course descriptions for the upcoming Fall 2018 session of the Flint Hill Elementary School After School Enrichment Program. In addition, this catalog contains the policies and procedures of the After School Program. Please read this catalog carefully and complete ALL steps necessary for enrollment!

### Contents:

- Fall 2018 Enrichment Schedule (grid)
- Course Descriptions
- Registration Instructions
- Policies and Procedures
- Rules of Conduct
- Waiver

**\*\*Some classes fill very quickly so please do not delay in registering your children.\*\***

### Registration Information:

Registration for the Fall 2018 Session will be online through a link on the PTA website, or visit [www.myschoolanywhere.com](http://www.myschoolanywhere.com) to register directly.

Registration Begins: Wednesday, September 12<sup>th</sup> @ 5am

Registration Ends: Saturday, September 22<sup>nd</sup> @ 12:01am

Any questions? Send an e-mail to: [afterschool@fhespta.org](mailto:afterschool@fhespta.org)

### Fall 2018 Enrichment Schedule

Day	Class	Grade	Time	# of Classes	Start Date	End Date	Blackout Dates	Location	Min/Max	Fee
Mon	Electronics with Minecraft Redstone	2-6	3:45-4:45pm	8	10/15	12/10	11/5	Classroom TBD	14/20	\$153
	Karate	K-6	3:45-4:45pm	8	10/15	12/10	11/5	Cafeteria	10/25	\$141
	Soccer	K-2	3:45-4:45pm	8	10/15	12/10	11/5	Field/Gym	10/20	\$108
Tues	Chess Club	K-6	3:45-4:45pm	8	10/9	12/4	11/6	Cafeteria	10/50	\$129
	Tennis	1-5	3:45-4:45pm	8	10/9	12/4	11/6	Basketball Court/Gym	4/16	\$166
	Zumba Kids	K-6	3:45-4:45pm	8	10/9	12/4	11/6	Music Room	8/18	\$107
Wed	Basketball	1-6	3:45-4:45pm	8	10/10	12/5	11/21	Gym	10/20	\$108
	FHES Environmental Club	2-6	3:45-4:45pm	8	10/10	12/5	11/21	Room #117	8/20	\$92
	Lego Builders	K-1	3:45-4:45pm	8	10/10	12/5	11/21	Classroom TBD	10/20	\$125
	2D Game Design	1-4	3:45-4:45pm	8	10/17	12/12	11/21	Cafeteria	14/20	\$143
Thurs	Basic Acting	K-2	3:45-4:45pm	8	10/11	12/6	11/22	Cafeteria	8/24	\$100
	FHES GeoPlunge Club	3-6	3:45-4:45pm	8	10/11	12/6	11/22	Room #	8/16	\$61
	KidArt	1-6	3:45-5:15pm	8	10/11	12/6	11/22	Classroom TBD	8/16	\$174
	Sports & Games	K-2	3:45-4:45pm	8	10/11	12/6	11/22	Gym	10/20	\$108
	Sports & Games Plus	3-6	3:45-4:45pm	8	10/11	12/6	11/22	Gym	10/20	\$108
Fri	Group Piano	K-2	3:45-4:45pm	8	10/12	12/7	11/23	Classroom	6/16	\$184
	KidArt	1-6	3:45-5:15pm	8	10/12	12/7	11/23	Classroom TBD	8/16	\$174
	3D Printing	3-6	3:45-4:45pm	8	10/19	12/21	11/23, 12/14	Cafeteria	14/20	\$189

## Fall 2018 Enrichment Class Descriptions (Listed Alphabetically)

**Basic Acting – “Take the Stage” (K-2):** Students will learn the fundamentals of acting as they develop their actor's toolbox through theater games and acting exercises that they will apply to an ensemble performance piece. Each young actor will have the opportunity to grow and build confidence, and a moment to shine in our final presentation held on the last day of class! Great for students with any level of experience. *(Instruction provided by Acting for Young People)*

**Basketball (1-6):** This class focuses on the fundamentals of basketball through skill-building drills and games. Basics of basketball will be introduced to those new to the game while those with past experience will expand their knowledge. We will play small sided games along with fun skill development games. It's a great way to get some exercise and learn about teamwork! *(Instruction provided by Chris Kurtzman)*

**Chess Club (K-6):** Chess club is taught by experienced Silver Knights Enrichment players and educators using a curriculum developed by National Masters. Each weekly session is a mix of learning and play and is open to all skill levels. Playing chess is a great way to develop a child's critical thinking skills, sportsmanship, and patience — all while having fun! *(Instruction provided by Silver Knights Enrichment)*

**Electronics with Minecraft Redstone (2-6):** New Course Offering! STEM exCEL's Electronics with Minecraft Redstone allows students to explore electronics in a virtual world with essentially infinite resources. Using Minecraft's Redstone blocks, which act as wires on a breadboard, students can build constructs representing electrical circuits and simple computer projects that are built in the real world. This course is a great precursor to understand real circuitry, electronics and electrical theory. This course allows students to gain an understanding of how computers are processing commands as they move on to other computer science studies, and take home their Redstone creations at the ends of the course. *(Instruction provided by STEM exCel)*

**FHES Environmental Club (2-6):** Come learn about the biodiversity of our school grounds! Students will work with club leaders to enhance our school grounds by planting, weeding, and adding in some creative touches all around the school. We will continue to work together to Fly High for a Greener World! *(Instruction provided by FHES teachers Ms. Kuykendall & Mrs. Fischer)*

**FHES GeoPlunge Club (3-6):** New course offering! Join Flint Hill's newest club! Come explore the United States through maps, games, and technology. We will use a fun and engaging game-based program called GeoPlunge to learn about the geography of the United States. Through GeoPlunge, players work in teams to master games of speed and strategy all focused on United States geography. Come explore! Ready, Set, GeoPlunge! *(Instruction provided by FHES teacher Mr. Dickenson)*

**Group Piano (K-2):** New Course Offering! This is a group piano class that studies hands-on piano and music theory. In this class, your child will work closely with the teacher to follow a carefully planned sequence that guarantees FUN and success in a playful group atmosphere! The instructor will teach how to count rhythm, identify notes, and play common melodies on the piano. Pianos are provided during class time and available for purchase at a very low price for practice at home. The last class of the session will wrap up with a recital and piano party for family and friends! *(Instruction provided by Piano Keys 4 Kids)*

**Karate (K-6):** This popular Karate program offers safe, structured training that teaches students the proper form, style, and technique. Classes are tailored to student's individual needs and help them to grow to their fullest potential. Karate not only focuses on instruction but also provides valuable lessons related to respect, discipline, motivation, self-control, confidence and continual improvement. *(Instruction provided by Kaizen Karate)*

**KidArt (1-6):** Always a popular class! Ms. Joyce will expose students to a plethora of mediums in this process-oriented, fine art class. Creative expression is encouraged to help build your student's artistic confidence and skill. In this multi-media program, students will experience a wide variety of projects during the session and create works of art to treasure for years to come! *(Instruction provided by Joyce Taylor Homan)*

**Lego Builders (K-1):** *New Course Offering!* Calling all inventors, creators, builders, and designers! Come build awesome creations with us! We will create our own designs and build structures using Legos. No skills necessary! Skills gained will include communication, problem solving, reasoning, developing creativity, and team work. *(Instruction provided by Little Scholars)*

**Soccer (K-2):** This class focuses on the fundamentals of soccer through skill-building drills and games. Basics of soccer will be introduced to those new to soccer while those with past experience will expand their knowledge. We will play small sided games along with fun skill development games. It's a great way to get exercise while learning the skills of soccer, teamwork, and sportsmanship...all while having fun! *(Instruction provided by Chris Kurtzman)*

**Sports & Games (K-2):** Come join the fun! Flint Hill's youngest students can experience a variety of different team sports, games, and activities that promote an active healthy lifestyle. Children can release some energy, get some exercise, learn new sports and games, and socialize with other children. Values such as sportsmanship, teamwork, sharing, and consideration of others will be stressed. *(Instruction provided by Chris Kurtzman)*

**Sports & Games Plus (3-6):** We've upped the fun quotient! Flint Hill's older students will learn how to be lifelong physically active individuals through a variety of different games and activities. Emphasis will be placed on teamwork, sharing, consideration, exercise, and FUN! *(Instruction provided by Chris Kurtzman)*

**Tennis (1-6):** *New Course Offering!* The United States Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis, the first and only national tennis enrichment program in the country. Students will develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets them rallying and having fun right away. In addition, students will learn relevant character development and STEAM skills such as sportsmanship, respect, math, science, technology, and more. All students receive a wristband, level prize, and a student handbook. Program is taught by USTA-trained coaches utilizing the most current teaching methodology. All tennis equipment is provided (e.g. racquets, balls, pop up nets). Ideal for beginners in the sport. *(Instruction provided by USTA)*

**3D Printing (3-6):** *New Course Offering!* 3D Printing is a premier class that not only teaches students how to create 3D models from an artistic standpoint, but also teaches them from an engineering standpoint. Because the models will be printed, instructors teach students what to consider in the construction of the model to produce the best-quality print. Students will observe a 3D Printer during each lesson to learn proper 3D printing standards and processes, all while creating their own models that will be printed for them. The course ends with students taking home their own accounts so they may continue modeling at home, along with at least 4 model prints they designed themselves during their time with us. *(Instruction provided by STEM exCel)*

**2D Game Design (1-4):** *New Course Offering!* Students will learn to design and build their own game from the ground up, while learning 2D game art and programming logic with the engine's integrated art software and easy-to-use events system, fit for beginners through advanced learners alike. Instructors will help students develop games individually, so students have the freedom to create at their own pace while focusing on their creative interests. The final product is their own game that can be played on any computer, and the knowhow to continue their game development at home. *(Instruction provided by STEM exCel)*

**Zumba Kids (K-6):** Flint Hill music teacher, Ms. Grant, brings the Zumba Kids program back this fall! Zumba Kids is the ultimate dance-fitness party for youngsters where they can move to the groove with friends. This program features fitness moved set to age-appropriate, Latin-inspired music that can get kids movin' to the beat! Students will dance to the following styles: Salsa, Merengue, Bachata, Reggae, Calypso, Bollywood and Bhangra. Zumba is a fun way to get in shape! *(Course taught by FHES music teacher Ms. Grant)*

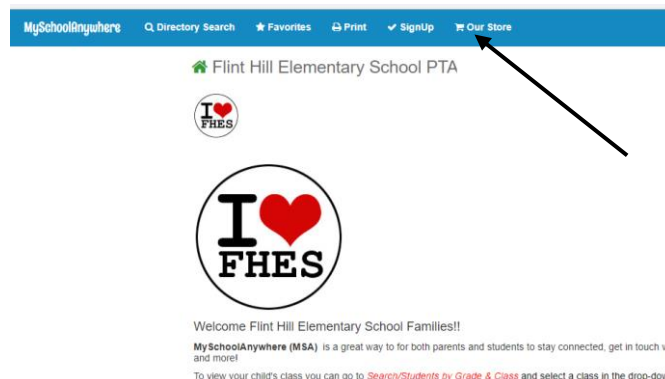
## After School Registration Instructions

New this year, after school registration will be done through **MySchoolAnywhere**. Please note that ALL family information must be updated and accurate in order for students to participate in the After School Programs. You do **NOT** have to join the PTA to update your directory information and/or register for After School Programs.

***After school registration opens on Wednesday, September 12th at 5am and closes on Saturday, September 22<sup>nd</sup> at 12:01am.***

### How do I register my child(ren)?

- All family information (including parent name, parent e-mail, parent cell) **MUST** be updated and accurate prior to registration. This includes:
  - Parent Name
  - Parent E-mail – this will be the e-mail we use to contact you throughout the afterschool session.
  - Parent Cell Phone (we may have to text you if we cannot reach you by phone)  
**\*\*NOTE: We will be using this number as your emergency contact number.\*\***
- During registration, please have the following information available:
  - Student's normal route home from school (bus #, kiss & ride, SACC – if your child goes to karate or Merritt afterschool, please choose kiss & ride)
  - Student's Dismissal from After School Class
  - Authorized Adult to Pick Up
  - Any Medical Issues – including allergies, medical concerns, special needs, etc. Please add any information you would like the instructor to know about your child. ALL information will only be shared with the instructor and will be CONFIDENTIAL.
- Log onto MySchoolAnywhere: [www.myschoolanywhere.com](http://www.myschoolanywhere.com)
- Once logged in, select the "Our Store" tab



- Once in the Store, each class will be listed as an item for purchase.
- Choose your item.
- Once you choose your item, you will see a short description of the item. Please provide the following information:
  - Student Name – from drop down menu

- Normal Route Home – from drop down menu (if your child goes to afterschool care such as karate or Merritt, Kindercare, etc., please choose Kiss & Ride)
- Pick up from Afterschool Program – from drop down menu
- One (1) Authorized Adult for pick up – please fill in only ONE name. You will have the opportunity to provide additional names during pick up after the first day of class
- Medical Issues – please fill in any medical issues, allergies, special needs, etc.
- When you are done, select “Add to Cart”
- Once you have added the class to your cart, you will return to the Our Store screen. You can do one of the following:
  - Choose more classes (and repeat the above steps) – either for same student or another student
  - Select “Your Cart” to begin checking out
- To check out, select one of the following:
  - “Proceed to Checkout” to pay using your PayPal account or a credit card
  - “Pay by Cash or Check” to pay by cash or check. When choosing this option, please print the invoice provided and send a copy of the invoice in with your check or cash per the invoice instructions.

**The class I wanted is full, how do I put my student on a wait list?**

- Go to [www.myschoolanywhere.com](http://www.myschoolanywhere.com) and log into your parent account.
- Once logged in, select the “SignUp” tab



- Click on “After School Programs Waitlist” or click “View”.
- Select “Signup”
- Please provide the following for the student(s) you would like to put on the waitlist:
  - Student Name
  - Class Name
- Please include ALL students that need to be put on the waitlist at one time. Student(s) and class(es) should be added to the waitlist as ONE sign up.
- When you are done, select “Save Signup.”
- Your place on the waitlist will be noted by the time and date you sign up.

Please send an email to [afterschool@fhespta.org](mailto:afterschool@fhespta.org) for additional questions!

## Policies and Procedures

### REGISTRATION and PAYMENTS

1. **Registration:** To enroll a student in afterschool programs, please visit [www.myschoolanywhere.com](http://www.myschoolanywhere.com). All registrations and payment must be completed online. Exceptions are made ONLY if a parent does not have internet access. **Registration will begin on Wednesday, September 12<sup>th</sup> at 5am and end on Saturday, September 22<sup>nd</sup> at 12:01am.** A link to the registration site will be accessible on the Flint Hill PTA website ([www.fhespta.org](http://www.fhespta.org)).
2. **Enrollment:** Each class has a maximum number of students. Once a class reaches its maximum capacity, it will be noted as such in our registration system. We will maintain a waitlist for any class that is full. If a space opens, you will be notified via e-mail.
3. **Class Cancellations/Modifications:** A class is subject to cancellation if it does not meet the minimum number of students required. If your student's class is cancelled, we will work with you to find another afterschool class for him/her.
4. **Emergency Contact Information:** ***ALL family information must be updated and accurate in order for students to participate in the After School Programs.*** We will use your directory information as your contact information.
5. **Payment:** Payment will be made online by PayPal or credit card. You may also pay by cash or check (please see After School Registration Instructions).
6. **Registration Changes:** Any changes to registration after the online registration is completed will result in a \$10 processing fee. Please choose carefully!
7. **Withdrawals and Refunds:** Withdrawals within the first two weeks of classes will be allowed and will be refunded on a prorated basis. There will be NO refunds allowed after the second class, except for medical reasons. ALL refund requests will be subject to a \$10 processing fee.
8. **Waiver and Rules of Conduct:** A copy of the Afterschool Programs Waiver & Rules of Conduct is included at the end of this booklet. ***Please note that by registering your student in the Afterschool Programs, you are agreeing to this Waiver and Rules of Conduct for you and your child(ren).*** An electronic copy of the Waiver and Rules can be found on the PTA website ([www.fhespta.org](http://www.fhespta.org)).
9. **Financial Assistance:** PTA funding is available to families that need assistance. If you need financial assistance, please contact [afterschool@fhespta.org](mailto:afterschool@fhespta.org).

### School Closings and Inclement Weather Policy

1. **Schools Closings & Weather Policy:** There are no afterschool classes on holidays, teacher workdays, or any early release/dismissal days when school closes. The Afterschool Program will follow Fairfax County guidelines for school closings in the event of inclement weather. Parents will be notified **via email** if school is closing early due to unexpected events or weather. We will attempt to make up classes that are cancelled due to weather or other unforeseen issues but cannot guarantee a make-up class. We will notify you via email with any additional dates or changes to your class.
2. **Outdoor Classes & Weather:** Every effort is made to hold classes, even in inclement weather. We have worked with the school to develop a plan to move most outdoor classes inside in the event of bad weather. Please DO NOT assume an outdoor class is cancelled; please wait for email confirmation of a cancellation. If an outdoor class is cancelled due to inclement weather, parents will be notified **via**

**email** and announcements will be made on the school PA system. On days with inclement weather forecasted, please remind your student to listen to school announcements. **If school closes early due to weather, then students should go directly home – there will be no after school classes.**

3. **Missed Classes:** Every effort will be made to reschedule missed classes due to unexpected school closure, inclement weather or instructor issues. If a class cannot be rescheduled, we will not be able to issue refunds for missed classes. If the rescheduled class does not align with your student's schedule, we will not be able to issue a refund. **There will be no refunds issued for individual class absences.**

### **Afterschool Class Expectations**

1. **Behavior:** During the registration process, you agreed to the Waiver and Rules of Conduct that can be found at the end of this document. Please review the Rules of Conduct with your student. Afterschool programs are subject to the same behavioral guidelines as a normal school day under the FCPS Student's Rights and Responsibilities.

Disruptive behavior during class that affects the experience of fellow participants is unacceptable. This will result in a warning for the first offense, and dismissal from the program without refund for the second offense. If behavior continues to be a problem, participation in future afterschool programs during the same school year may be revoked at the discretion of the Program Committee and the PTA President.

If you or your student has any issues during their afterschool class, please speak to your afterschool class instructor and send an e-mail to [afterschool@fhespta.org](mailto:afterschool@fhespta.org). Communicating through your classroom teacher may prolong the Afterschool Program's ability to deal with any issues.

2. **Medical Care and Treatment:** Please be aware that there are **NO** medical personnel on-site or anyone with access to the FHES clinic during afterschool programs. Every effort will be made to reach a parent or emergency contact in the event of an emergency.

In the FHES PTA Afterschool Program Waiver, you agreed to the following:

***"The undersigned, on behalf of Participant, understands that there are no medical personnel on-site or with access to the FHES clinic during after school programs. In the event that I cannot be reached to make arrangements for emergency medical attention, I authorize the Program Coordinator or other adult present to seek immediate medical care at any facility that this person deems suitable. I further give my consent for any and all emergency medical treatment when child/children are in this individual's care."***

3. **Parent Notifications:** Registration confirmations, waitlist notifications, and other class announcements (including class cancellations) will be communicated via email. **Please make sure that your email address is correct and is checked regularly.** If you do not have an email address, please provide the primary phone number to be contacted via text or voicemail. Every attempt will be made to send reminders of regularly scheduled start and end dates as well as blackout dates. We suggest that you don't rely on these reminders and that you put all relevant dates on your calendar before the start of the session. *Please remember that this committee is run by volunteers.*



## Dismissal & Attendance Procedures

1. **Dismissal from Classroom TO Afterschool Class:** *New this year, ALL afterschool students will be dismissed to their afterschool classrooms at the end of the school day.* If your child goes to SACC, please have him/her check in with SACC first and then report to their afterschool classroom.
2. **Classroom Teacher Involvement:** Your student's teacher will receive a list of students in his/her class enrolled in afterschool classes. However, it is the parent's and student's responsibility to be aware of his/her daily schedule. Please send a note to your student's classroom teacher on the first day of each new class indicating that your student is participating in an afterschool class. Please bring any forms or other communication relating to afterschool classes to the main office and place in the PTA box, or send an email directly to the Program at [afterschool@fhespta.org](mailto:afterschool@fhespta.org)
3. **SACC Students:** SACC will receive a list of students enrolled in both SACC and afterschool classes. Students enrolled in SACC should first check in with the SACC staff before proceeding to their afterschool classroom. A SACC staff member will pick your student up at his/her class location and escort him/her back to SACC for the remainder of the day. Please notify SACC of any afterschool classes that your student will be participating in.
4. **Attendance Monitor:** The Afterschool committee includes an Attendance Monitor who is responsible for collecting attendance and notifying parents if students do not come to class and are not otherwise accounted for (e.g absent from school that day or e-mail received at [afterschool@fhespta.org](mailto:afterschool@fhespta.org)). **PLEASE make sure that your emergency numbers are accurate and phones are answered in the event that the attendance monitor is trying to contact you. She is doing so because your child is not in their afterschool class and she is trying to determine your child's location.**
5. **Absence Notification:** If your student will be absent from an afterschool class, please email [afterschool@fhespta.org](mailto:afterschool@fhespta.org) by 12:00pm on the day of the class. Notifying the committee of absences will assist the Attendance Monitor in ensuring the safety of all children enrolled in the program.
6. **Snacks:** *Since students will be dismissed directly to their afterschool classrooms, we can no longer allow snack afterschool.* We apologize for the inconvenience.

## Pick-Up Procedures

1. **Pick-up FROM Afterschool Class:** Most importantly, please pick your child up ON TIME! Most of the instructors work multiple jobs and have somewhere else to go following class. Please be respectful of their time. **For their safety, students will not be allowed to leave the school unattended to meet a parent/guardian in the parking lot or walk/bike home.** A parent/guardian/authorized adult must sign each child out after class. If a parent is repeatedly late to pick up a student, students may be excused from the program and/or incur fees payable to the instructor.
2. **Pick-up Locations for Afterschool Classes:** For safety purposes, the main doors (at Entrance 1) will be locked at all times. Therefore, we will designate certain areas for dismissal of afterschool classes. You will be informed of your pick-up location in your confirmation e-mail.
3. **Early pick-up from Afterschool Classes:** We understand that there may be times you have to pick your student(s) up early from their afterschool class. When this occurs, please send an e-mail to [afterschool@fhespta.org](mailto:afterschool@fhespta.org) by 12 noon on the day of class so that we may inform the instructor and coordinate the early pick-up.

# Flint Hill Elementary School After School Programs Rules of Conduct & Waiver

*Registering your child in the After School Programs is your acknowledgement that you have read and agreed to adhere to the FHES Rules of Conduct & Waiver.*

## **Students will:**

- Recognize that participation in FHES afterschool programs is a privilege and not a right.
- Adhere to the general policies in this booklet, which can also be found on the FHES PTA website.
- Report to the cafeteria (or the SACC room, if applicable) at the conclusion of the school day for attendance.
- Stay with assigned group at all times and inform instructor before leaving the class area at the conclusion of class.
- Respect others in what they say and do.
- Listen to program instructors and follow directions.
- Use appropriate language at all times.
- Keep hands to themselves and maintain self-control. This includes, but is not limited to, getting in another students' personal space, excessive talking, talking over the teacher, distracting other students, and touching another student in any way.
- Take care of their own belongings
- Use equipment and supplies in a safe and appropriate manner and only after being instructed to do so by the class instructor.
- Respect school property and not cause destruction of property. This includes, but is not limited to, drawing on tables, rummaging through desks, breaking supplies, moving classroom supplies, and leaving trash behind.
- Respect instructors and treat them like classroom teachers.
- Immediately report any teasing and/or bullying to their parents and class instructors. Teasing and bullying are grounds for immediate enrollment termination.
- Play safe and have fun!

## **Parents will:**

- Recognize that the After School Programs is a *volunteer-run* program and that their student(s)' participation is a privilege and not a right.
- Adhere to the general policies in this booklet, which can also be found on the FHES PTA website.
- Complete and submit appropriate paperwork for registration.
- Update emergency contact information as needed.
- Be on time to pick up children. The afterschool program does not offer extended hours. Students will not be permitted to leave the program area without an authorized adult or walk/bike home by themselves.
- Assist instructors in resolving behavior issues.
- Contact the committee chair when issues arise.
- Be respectful towards other students and afterschool volunteers.

## **Grounds for Immediate Dismissal (no refund given) include:**

- Bringing a weapon to class.
- Intentionally harming or causing injury to self or others.
- Vandalizing the property of FHES, that of afterschool instructors, or that of another student.
- Stealing items from FHES, its afterschool instructors, or fellow students.
- Displaying inappropriate behavior that is outside the Rules of Conduct after being warned.

## **PARTICIPANT WAIVER & RELEASE (“RELEASE”)**

Whereas, the Flint Hill Elementary School PTA, (“FHES PTA”) as a service to its members and students, provides various after school activities for the students at Flint Hill Elementary School (FHES):

This is to certify that the undersigned, as parent/guardian with legal responsibility for the child named below, a minor under the age of 18, (the “Participant”), hereby consents to Participant’s participation in the 2018-2019 programs of the FHES PTA After School Program between September 1, 2018 and June 30, 2019 (the “School Year”) at FHES.

In consideration for being allowed to participate in the Program:

1. The undersigned represents and warrants that he or she has the requisite legal authority and capacity to execute this Release on behalf of Participant.
2. The undersigned, on behalf of Participant, hereby knowingly and freely assumes all risks both known and unknown, even if arising from the negligence of the Releasees or others, and assumes full responsibility for Participant’s participation.
3. The undersigned, on behalf of Participant, hereby represents that the participant has no medical or other conditions that would create any risk to the Participant in performing the tasks relating to the Programs, including sports activities, the performance of certain dance and aerobic exercise and movements.
4. The undersigned hereby acknowledges and understands that Participant must obey all instructions and rules from Program staff regarding participation.
5. The undersigned, as parent/guardian with legal responsibility for the Participant, does hereby release, indemnify, and hold harmless the FHES PTA, including its officers, agents, members and volunteers; Fairfax County Public Schools (FCPS), and FHES, including their officers, board members, agents and employees; and any person or persons in charge of running the Program (the Program coordinators), the Program Vendors, their respective affiliates, successors and assigns and the officers, directors, employees and agents of such parties and their affiliates, and other participants (the “Releasees”) from any and all claims, demands, suits, costs (including attorneys’ fees and litigation costs) and charges, in connection with or arising out of the provided Program, with respect to any and all injury, disability, death or loss or damage to person or property incident to Participant’s involvement or participation in the Program, whether arising from the negligence of the Releasees or otherwise, to the fullest extent permitted by law. I understand that this Release includes any claims based on negligence, action, or inaction of the FHES PTA, FHES, and the program coordinators and volunteers.

**The undersigned, on behalf of Participant, understands that there are no medical personnel on-site or with access to the FHES clinic during after school programs.**

**In the event that I cannot be reached to make arrangements for emergency medical attention, I authorize the Program coordinator or other adult present to seek immediate medical care at any facility that this person deems suitable. I further give my consent for any and all emergency medical treatment when the child/children are in this individual’s care.**

This is a knowing and voluntary relinquishment of any rights and claims the undersigned, his/her spouse (if applicable) or anyone else may have on behalf of the Participant, and the undersigned does hereby acknowledge that such minor would not be allowed to participate in the Program in the absence of receipt of this Release.

I have read this Release and further agree that no oral representations, statements or inducements apart from the foregoing Waiver and Consent have been made.